



GFS Potato Rounds, Frozen, 5 Lb Bag, 6/Case



Item Number: 324167 



These crispy, golden rounds are made from potatoes that meet or exceed all USDA grading standards.

- Prepare from frozen for easy preparation
- Oven bake or fry for multiple preparation options
- Contains zero grams trans fat

6/Case

\$17.61
\$0.01/ea

QTY

Nutrition

Based On: AP Potato, Rounds, 10ea~3z GFS

Rounding: On

Ingredients

Potatoes, vegetable oil (may contain one or more of the following: canola oil, sunflower oil, cottonseed oil, palm oil, corn oil, soybean oil, hydrogenated soybean and/or cottonseed oil), salt, corn flour, dehydrated potato, disodium dihydrogen pyrophosphate (to promote color retention), dextrose. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated June 2012. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 3 oz (84g)	
Amount Per Serving	
Calories 160	Calories From Fat 72
% Daily Value *	
Fat 8g	12%
Saturated Fat2g	10%
Trans Fat0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 330mg	14%
Potassium	n/a
Carbohydrates 19g	6%
Fiber2g	8%
Sugarn/a	
Protein 2g	4%
Vitamin A IU 0% Vitamin C 2% Calcium 0% Iron 4%	
* Based on a 2000 calories diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	None Provided
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0.72 mg
Manganese	n/a
Iodine	n/a

Additional Images

